

## **VOICES OF COLOR**

Wednesdays: 1 to 3:00 pm

Are you a student of color in need of some additional oncampus support? Are you interested in engaging in various thought-provoking conversations around college experiences, relationships, social expectations, cultural identities or the impact of social media as it relates to mental health among many other topics? Then we have just the group for you. This support group provides a safe, non-judgmental space to discuss your feelings and share individual experiences and possibly meet a new friend. If interested, schedule a screening with one of our facilitators by email today.

**Group Facilitators: Yvonne Connelly, PhD, LP and Courtney Brown, LLMSW** 



## **Voices of Color Support Group**

Eight-week support group starting 2/12/2020.

We welcome you to come share your experiences, connect with new people and most importantly come be YOU!

Learn process
management skills,
coping strategies and
overcome social anxiety
in a relaxed way.

To schedule a screening, email Dr. Connelly at conne111@msu.edu or Courtney Brown at brownc67@msu.edu for more information.

## **LOCATION:**

Counseling & Psychiatric Services (CAPS)

Olin Health Center Room 248

caps.msu.edu