GRADUATE STUDENT SUPPORT GROUP

This is a supportive space where graduate students can gather, share and empower one another through shared experiences.

Themes for this group explore key stressors as they relate to graduate studies, purpose, sense of belonging, “creative differences” with your advisor, juggling multiple roles and responsibilities, challenges with completing dissertation or thesis and impacts related to diet, sleep and emotional well-being.

**The group begins May 28 and ends August 13.**

Facilitator: Jessica Oyoque-Barron, LMSW

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**FRIDAYS**
**9–10 A.M. ET**

HIPAA-Compliant Zoom

Register:
Complete a prescreening at [bit.ly/capsphonerequest](http://bit.ly/capsphonerequest) and indicate “Group Counseling—Graduate Support Group” on the form.