MEN NEED TO TALK TOO

This therapy group is a safe non-judgmental space for undergraduate and graduate students — particularly students who identify as male — to explore their thoughts and emotions.

Students will be provided space to freely express their emotion and connect with other students in a healthy way. Topics will include relationship concerns, family stress, academics stress, isolation, sadness, anxiety, men’s health, identity concerns, etc.

The group begins May 27 and ends August 12.

Facilitator: Martez Burks, PhD, LLP

THURSDAYS
1–2 P.M. ET

HIPAA-Compliant Zoom

Register:
To register, students must complete a prescreening at bit.ly/capsphonerequest.