



# CAPS Connect

## Spring 2021

CAPS Connect provides a place to talk about concerns during free, confidential 15-minute consultations. You can have someone listen to you and offer support, or you might prefer to receive expert suggestions about solutions and resources. This service is available to enrolled MSU students via HIPAA-compliant Zoom. **Sign up in advance** to chat with a CAPS Counselor!

CAPS Connect hours are subject to change, particularly during university breaks and the summer. Visit [caps.msu.edu/services](https://caps.msu.edu/services) to sign up for CAPS Connect sessions or to see any scheduling changes.

### MONDAYS

Area	Time	Facilitator	Sign Up
College of Social Science	9-10:30 a.m.	Jessica Mitchell-Corsino	<a href="https://bit.ly/3nSpDS9">bit.ly/3nSpDS9</a>
College of Nursing	9:30-11 a.m.	Caitlin Riley	<a href="https://bit.ly/3bITn1J">bit.ly/3bITn1J</a>
College of Veterinary Medicine	11:30 a.m.-1 p.m.	Silvia Leija	<a href="https://bit.ly/3oOVJ2G">bit.ly/3oOVJ2G</a>
College Assistance Migrant Program (CAMP)	1:30-3 p.m.	Jessica Oyoque-Barron	<a href="https://bit.ly/3oOTZqc">bit.ly/3oOTZqc</a>
College of Education	1-2:30 p.m.	Sarah DeYoung	<a href="https://bit.ly/2LAQifL">bit.ly/2LAQifL</a>
James Madison College	2:30-4 p.m.	Courtney Brown	<a href="https://bit.ly/39DpwF4">bit.ly/39DpwF4</a>
Residential College Arts and Humanities (RCAH)	2-3:30 p.m.	Victor Leon	<a href="https://bit.ly/2XMkVe9">bit.ly/2XMkVe9</a>

### TUESDAYS

Area	Time	Facilitator	Sign Up
College of Communication Arts and Sciences	10-11:30 a.m.	BaoChun Z. Hind	<a href="https://bit.ly/3p3acbm">bit.ly/3p3acbm</a>
LGBT Resource Center	10:30 a.m.-12 p.m.	Ginny Blakely	<a href="https://bit.ly/3nXKK5N">bit.ly/3nXKK5N</a>
Athletics	10-10:45 a.m.	Olivia Scott & James Bruce	<a href="https://bit.ly/2NadBR8">bit.ly/2NadBR8</a>
MOSAIC (The Multicultural Unity Center)	3-4:30 p.m.	Markie Silverman	<a href="https://bit.ly/3qBDj6a">bit.ly/3qBDj6a</a>

See more on the back page.

## WEDNESDAYS

Area	Time	Facilitator	Sign Up
College of Law	1-2:30 p.m.	Talitha Easterly	<a href="https://bit.ly/3oYUY7I">bit.ly/3oYUY7I</a>
College of Natural Science	1:30-3 p.m.	Anel Arias	<a href="https://bit.ly/39IRC1P">bit.ly/39IRC1P</a>
College of Agriculture and Natural Resource (CANR)	3-4:30 p.m.	Jeff Baker	<a href="https://bit.ly/38W4GI3">bit.ly/38W4GI3</a>

## THURSDAYS

Area	Time	Facilitator	Sign Up
TRIO	9-10:30 a.m.	Martez Burks	<a href="https://bit.ly/3qmSFLw">bit.ly/3qmSFLw</a>
College of Arts and Letters	1:30-3 p.m.	Jonathan Ritz	<a href="https://bit.ly/2XTDRI3">bit.ly/2XTDRI3</a>
Office for International Students and Scholars (OISS)	3:30-5 p.m.	Zen Zhong	<a href="https://bit.ly/3p2zdUe">bit.ly/3p2zdUe</a>

## FRIDAYS

Area	Time	Facilitator	Sign Up
College of Engineering	9-10:30 a.m.	Kris Amos	<a href="https://bit.ly/3bSkAPj">bit.ly/3bSkAPj</a>
Athletics	10-10:45 a.m.	Olivia Scott & James Bruce	<a href="https://bit.ly/2NadbR8">bit.ly/2NadbR8</a>
Lyman Briggs	1-2:30 p.m.	Sarah Fay	<a href="https://bit.ly/2XQxrJI">bit.ly/2XQxrJI</a>
College of Business	1-2:30 p.m.	Basak Khamush	<a href="https://bit.ly/3itLYVq">bit.ly/3itLYVq</a>
College of Music	3-4:30 p.m.	Yvonne Connelly	<a href="https://bit.ly/2XTDoWj">bit.ly/2XTDoWj</a>

