

GRADUATE STUDENT SUPPORT GROUP

Fridays @ 9am

This is a space of support, where graduate students can gather, share, and empower one another through shared experiences.

Topics and themes for this group explore key stressors as it relates to graduate studies, purpose, sense of belonging, "creative differences" with your advisor, juggling multiple roles and responsibilities, challenges with completing dissertation or thesis and impacts related to diet, sleep, and emotional well-being.

If you are interested in participating. Click below to schedule an appointment with a group facilitator.



Facilitators:

**Jessica Oyoque-Barron, LMSW
and Anné Stocker, MS**

or email oyoqueje@msu.edu

