

## 4.1. b Community Providers-Therapy Group Practices



Counseling & Psychiatric  
Services (CAPS)  
MICHIGAN STATE UNIVERSITY

\*MSU CAPS does not endorse any of these providers or their services, but rather, is aware that these practice groups exist in our community

\*All distances measured from MSU's Olin Health Center and are approximations.

### **Lansing Psychological Associates** (0.5 miles, CATA routes 01, 20, 31)

2001 Abbot Road  
East Lansing, MI 48823  
517-337-6545  
lansingpsych.net

### **Therapy Today Counseling and Consulting** (2.3 miles, CATA routes 23, 32)

4572 South Hagadorn Road, Suite 1C  
East Lansing, MI 48823  
517-481-2133  
therapytodaycc.com

### **Comprehensive Psychological Services** (2.7 miles, CATA routes 22, 24)

2720 East Lansing Drive  
East Lansing, MI 48823  
517-337-2900  
comprehensivepsychologicalservices.net

### **Diversity Psychological Services** (0.7 miles, CATA route 26)

601 Abbot Road, Suite 103  
East Lansing, MI 48823  
517-574-4197  
diversitypsychologicalservices.com

### **LifeStance Health** (6 miles)

3475 Belle Chase Way  
Lansing, MI 48911  
517-882-3732  
liobm.com

### **Okemos Center for Therapy** (5.6 miles, CATA route 23)

2193 Association Drive, Suite 100  
Okemos, MI 48864  
517-349-2661  
okemoscenterfortherapy.com

### **LifeStance Health** (6 miles)

3475 Belle Chase Way  
Lansing, MI 48911  
517-882-3732  
liobm.com

### **Spring Forest Counseling** (4.8 miles, CATA route 23)

3899 Okemos Rd Suite A1  
Okemos, MI 48864  
517-507-5892  
springforestcounseling.com

### **Wellness Institute of Michigan** (6 miles)

2149 Jolly Road, Suite 500  
Okemos, MI 48864  
517-47-4645  
wellnessinstitutemi.com

### **Delta-Waverly Psychology and Counseling Associates** (8.1 miles)

5123 West St Joseph Highway, Suite 103  
Lansing, MI 48917  
517-323-4099  
deltawaverly.com

### **Psychiatric Associates** (4.4 miles, CATA route 23)

4084 Okemos Road, Suite A  
Okemos, MI 48864  
517-347-4848  
psychiatricassociates.space

### **Psychological and Behavior Consultants** (3.2 miles)

2535 East Mt. Hope Avenue  
Lansing, MI 48910  
517-372-2535  
pbtherapists.com

### **Women's Personal Growth & Therapy Center PC** (3.6 miles, CATA Route 1)

4660 Marsh Road  
Okemos, MI 48864  
517-347-2126  
womenctr.net

### **Early-Treatment and Cognitive Health (ETCH)** (2.3 miles, CATA routes 23, 32)

4572 S. Hagadorn Road, Suite E  
East Lansing, MI 48823  
517-481-4800  
etchwellness.org

### **Winding Path Counseling** (3.2 miles, CATA route 1)

4660 Marsh Road  
Okemos, Michigan 48864  
989-708-9387  
windingpathcounselingmi.com

#### **NOTE:**

Students can call (517) 355-8270 and press "1" at the prompt to speak with a crisis counselor. If you think you or someone around you is in danger, call 911 or head to the nearest emergency room. Other services offered at CAPS are detailed on our webpage, [caps.msu.edu](https://caps.msu.edu).

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2001 Abbot Road  
East Lansing, MI 48823  
517-337-6545  
lansingpsych.net

### **LifeStance Health** (6 miles)

3475 Belle Chase Way  
Lansing, MI 48911  
517-882-3732  
liobm.com

### **MSU Psychiatry Clinic** (1.7 miles, CATA routes 31, 32)

909 Wilson Road  
East Lansing, MI 48824  
517-353-3070  
healthteam.msu.edu/patients/psychiatric-clinic.aspx

### **Meridian Professional Psychological Consultants, P.C.** (1.9 miles, CATA route 1)

5031 Park Lake Road  
East Lansing, MI 48823  
517-332-0811  
mhweb.org/lansing/meridian.htm

### **Psychiatric Associates** (4.4 miles, CATA route 23)

4084 Okemos Road, Suite A  
Okemos, MI 48864  
517-347-4848  
psychiatricassociates.space

### **New Oakland Family Centers (Okemos Location)** (5.6 miles, CATA route 23)

2300 Jolly Oak Road  
Okemos, MI 48864  
517-679-2050  
newoakland.org

### **Healthy Minds Psychiatric Services** (5.6 miles, CATA route 23)

2390 Woodlake Drive, Suite 380  
Okemos, MI 48864  
517-618-0934 or 517-333-7113  
healthyminds.biz



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### **Sparrow Outpatient Behavioral Health Clinic** (5.6 miles)

1210 W. Saginaw Street  
Lansing, MI 48915  
1-800-761-9384 or 517-364-7700  
sparrow.org/behavioralhealth

### **Par Rehab Services, Lansing Location** (5.6 miles)

3960 Patient Care Drive, Suite 104, 117  
Lansing, MI 48911  
517-887-9801  
parrehab.org

### **Michigan Psychiatric & Primary Care** (2.0 miles, CATA route 26)

6110 Abbot Road  
East Lansing MI 48823  
517-332-5342  
michiganpsychiatricandprimarycare.com

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