

Consciously Coupling Workshop

Thursdays 2:30-4:00pm

January 25-February 18th, 2021

**Are you unhappy with your current
relationship dynamic?**



You are in good company, as many people experience dissatisfaction in their relationships at one point or another. You and your partner(s) can join us at CAPS for a dynamic interfacing of support and a workshop, where we will talk about aspects of healthy relationships such as communication and conflict styles, love languages, and sexual relationships. We will strategize with you to build your relationship(s) stronger, and support you in developing collaboration, equity, and longevity.

Note: Only one of the people in the relationship must be an MSU student to qualify for this free service; however, all members of the relationship dynamic in attendance must be physically located in the state of Michigan.

To sign up for this wonderful opportunity, speak with your existing CAPS provider or complete the Qualtrics form at caps.msu.edu or ([CLICK HERE](#)) and specify “Consciously Coupling” in the “Other” fillable field.

You will be contacted by a CAPS representative to complete an appointment to discuss your request.



MSU Counseling &
Psychiatric Services
Dr. Jessica Mitchell-Corsino
& Dr. Gail Anderson