



Brave Space

Tuesdays 1pm to 2:30pm

All-Gender Interpersonal Process Group

Have trouble trusting, connecting, or communicating with others? Are you engaging in repetitive patterns in relationships that don't serve you? This virtual group is intended to help you better understand who you are in relation to others and practice meaningful changes in a brave and supportive space.

Interested? Complete the CAPS Qualtrics form at https://msu.co1.qualtrics.com/jfe/form/SV_9GNsDVC3VIH3wnr and say you are interested in Brave Space.

Group Facilitators: Olivia Scott, Ph.D. and Zen Zong, M.Phil.Ed



Counseling & Psychiatric
Services (CAPS)
MICHIGAN STATE UNIVERSITY

**This
interpersonal
process group
will begin
weekly
meetings on
1/19/21.**

**Graduate and
undergraduate
students welcome.**

**For more information,
or to ask questions,
contact Olivia Scott at
scottol1@msu.edu.**

**Requires Group
Screening.**

Meetings will be
held over HIPAA
Compliant Zoom.