



Counseling and Psychiatric Services (CAPS)
University Health and Wellbeing
MICHIGAN STATE UNIVERSITY

Beyond the Binary: A Gender Identity Spectrum Support Group

THURSDAYS

3:30–5 P.M. ET

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**HIPAA-Compliant
Zoom**

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**Group begins
January 26**

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**Group Facilitators:
Ginny Blakely, LMSW
Jacki Fritts, PsyD**



Looking for peer support in regard to gender identity, sexuality or relationships, or even supportive and affirming friendships?

This gender identity spectrum support group is a safe, supportive space for undergraduate and graduate students who are exploring or identify as transgender, gender-fluid, non-binary or gender-nonconforming.

Potential topics of discussion include challenges of coming out to self and others, identity development, limitations of labels, negotiating gendered environments, identity-affirming relationships, coping with minority stress and gender binary norms, accessing supportive health and social services, aspects of transitioning process and adjustment to social identity, family dynamics and impacts on wellness, needs and impact of being closeted and being TGNB at MSU.

Register:

Email Ginny Blakely at blakelyv@msu.edu for more info, pre-screening and registration information.

