



Counseling and Psychiatric Services (CAPS)
University Health and Wellbeing
MICHIGAN STATE UNIVERSITY

BRAVE SPACE

MONDAYS

1-2:30 P.M. ET

.....

In Person

.....

Group begins
January 23



Register:

caps.msu.edu/schedule
and indicate "Group
Counseling - Brave Space"
on the scheduling form.



This virtual group is intended to help you better understand who you are in relation to others and practice meaningful interpersonal changes in a brave and supportive space.

Group screening is required. Schedule a phone screening at caps.msu.edu/schedule. State your interest in this group during that call. If you have questions, email Olivia at scottol1@msu.edu.

Facilitator: Olivia Scott, PhD, LP